

I am going to  
We Rock the Spectrum Kids Gym



There will be lots of cars around.  
I will hold my adult's hand and be safe.



There will be lots of people there.  
There will be other kids there too.



There will be people that work there in red,  
white or blue shirts.

They are there to help me have fun!



To play, I need to take off my shoes and put them in the lockers. I can wear my socks.



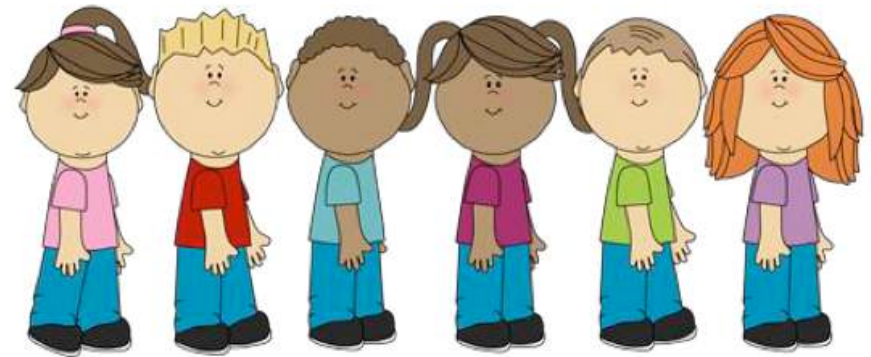
At the gym I can swing, jump, climb and play.



There are adults at the gym who will help me learn how to use the fun equipment.



There will be other children playing and sometimes I will have to wait my turn.





If it gets too noisy or busy, I can go to the calming room to have some quiet time.



There is an arts and craft area where I can draw and create.



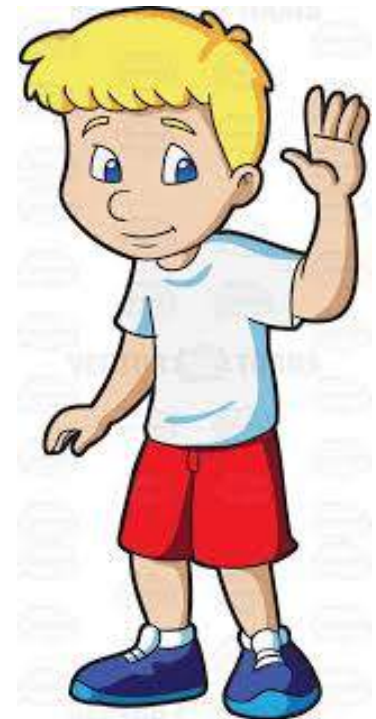
There is also toys and dress-ups I can play with.



I can have lots of fun at the gym and try new things!



I will stay for 2 hours. When my adults say it is time to go, I will put on my shoes with them and wave goodbye to the gym.



I can come another time.  
This is a special place for me to visit.

